




North Branford Intermediate School

December 2017

Lunch Price \$3.00 Weekly-\$15.00 20-Days -\$60.00 Adult Lunch- \$4.25

You can make on-line payments to Powerlunch: <http://northbranford.revtrak.net/tek9.asp>
 Also you can check lunch account balances by logging into Powerschool and clicking on **BALANCE**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| Rainbow Vegetable Tray is Offered Daily with all Meals |  | | | 1 French Bread Pizza Cheese or Pepperoni Or Sausage/Egg & Cheese on a Wheat Bagel Spinach Salad Fresh Apple |
| 4 Oven Baked Chicken Nuggets Wheat Dinner Roll Or Philly Steak & Cheese Wheat Bun Sweet Potato Fries 100% Fruit Juice | 5 Wheat French Toast Sticks Sausage /Syrup Or Chicken Burrito Hashbrown Potato Diced Pear Cup | 6 Wheat Pasta w meat sauce Whole Wheat Dinner Roll Or BLT Sandwich Romaine & Tomato Salad Applesauce Cup | 7 Beefy Cheesy Nacho Cheese Sauce & Salsa Or Cheese Quesadilla Steamed Corn & Garbanzo Beans 100% Fruit Juice | 8 Cheesy Bread Sticks Marinara Sauce Or Buffalo Chicken Grinder Caesar Salad Orange Wedges |
| 11 Asian Accented Chicken Or BBQ Pork Rib Grinder Oven Baked Brown Rice Steamed Broccoli & Carrots Orange Wedges | 12 Sloppy Joe on Wheat Bun Or Chicken Dippers Sub Oven Baked Fries 100% Fruit Juice | 13 Early Dismissal Individual Cheese Pizza Or Meatball Parm Grinder Tossed Salad Orange Mandarin Cup | 14 Bacon Cheeseburger on Wheat Bun Or Chili Hot Dog on a Wheat Bun Onion/ Cheese Sauce Baked Beans Oven Baked Curly Fries Fresh Apple | 15 Nacho w Taco Meat Cheese Sauce /Salsa Or Chicken Patty & Cheese on Wheat Bun Steamed Corn 100% Fruit Juice |
| 18 Sweet & Sour Popcorn Chicken Or Beef Burrito Oven Baked Brown Rice Steamed Mixed Vegetable 100 % Fruit Juice | 19 Macaroni &Cheese Wheat Dinner Roll Or Cheesy Bread Sticks Marinara Sauce Steamed Carrots Mixed Fruit Cup | 20 Twin Taco Taco Meat/Cheddar Cheese/Salsa Shredded Lettuce, Tomato Or Chicken Fajitas Roll-up Steamed Corn & Beans Orange Slice | 21 Grilled Cheese Sandwich Cup of Tomato Soup Or BBQ Cheeseburger on Wheat Bun Romaine -Tomato Salad 100% Fruit Juice | 22 Early Dismissal Cheese Pizza Bagel Or Mozzarella Sticks Wheat Dinner Roll Marinara Sauce Tossed Salad Fresh Apple |
|  | | Holiday Recess December 25 to January 2 | |  |

Available Daily

- Cheese or Pepperoni Pizza and Specialty: Made Fresh on a whole wheat crust
- Pre made Assorted Sandwiches: Ham & Cheese or Turkey & Cheese or Combo sandwich (lettuce, tomato, wheat bread, rolls & wraps)
- Pre made Assorted Salads: Antipasto Salad or Chef's Salad or Chicken Caesar Salad or Cheese Garden Salad (Whole Dinner Roll & Assorted Low-Fat Dressing)

All Reimbursable Meals include a choice of vegetable, fruit (fresh or portioned) and Milk (Non-Fat Chocolate, 1% White or Skim White)

Menu subject to change

If you have any questions or would like additional information regarding the menu, please contact food service director @ 203-484-1440