



North Branford Intermediate School

December 2018

Students Lunch Price \$3.00 Weekly-\$15.00 20-Days -\$60.00 Adult Lunch- \$4.25

You can make on-line payments to Powerlunch: <http://northbranford.revtrak.net/tek9.asp>

Also you can check lunch account balances by logging into Powerschool and clicking on **BALANCE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>We are Proud to Serve Locally Grown Fruit & Vegetables</p> 				
<p>3 Chicken Tenders Wheat Dinner Roll Buttered Wheat Pasta Or Hot Dog on a Wheat Bun Oven Baked Potato Wedges Baked Vegetarian Brans</p>	<p>4 Macaroni & Cheese Wheat Dinner Roll Steamed Green Beans Or Sausage/Egg & Cheese Croissant Spinach Salad</p>	<p>5 Mozzarella Sticks Marinara Sauce/Wheat Dinner Roll Or Seasonal Fruit and Yogurt Parfaits/Graham Crackers Steamed Broccoli</p>	<p>6 Build a Burger Bar!!! Assorted Toppings Lettuce-Tomato-Onion Or Chicken Sliders Carrots & Celery Sticks Oven Baked Curly Fries</p>	<p>7 Chicken Parmesan Served w Spaghetti Wheat Dinner Roll Or Fish & Cheese on a Wheat Bun Steamed Carrots</p>
<p>10 Chicken Tenders Wheat Dinner Roll / Steamed Peas Or Philly Steak & Cheese on a Wheat Grinder Roll /Sweet Potato Fries Garden Salad</p>	<p>11 Tangerine Chicken Oven Baked Brown Rice Steamed Broccoli Or BOSCO Pepperoni Sticks Marinara Sauce Steamed Mixed vegetable</p>	<p>12 Early Dismissal Bacon Cheeseburger on a Wheat Bun Lettuce/Tomato Or Chicken Quesadilla Salsa/Sour Cream Oven Baked Fries</p>	<p>13 Taco Nacho Bar Cheese Sauce & Salsa Steamed Brown Rice Assorted Toppings Or Spicy Chicken Patty on a Wheat Bun Steamed Corn</p>	<p>14 Cheese Quesadilla Sour Cream /Salsa Brown Rice Or Fish Sticks Wheat Dinner Roll Romaine-Tomato Salad</p>
<p>17 Popcorn Chicken With Dipping Sauce Garlic Bread Mashed Potato Or Pancakes/Sausage Links Syrup /Tator Tots Steamed Peas</p>	<p>18 Macaroni & Cheese Wheat Dinner Roll Steamed Broccoli Or Pepperoni Bread Sticks Marinara Sauce Steamed Carrots</p>	<p>19 Nacho w Taco Meat Cheese Sauce /Salsa Assorted Toppings Steamed Corn Or Hot Dog on a WW Bun Sweet Potato Fries Baked Beans</p>	<p>20 Chicken & Gravy Bowl Garlic Bread Or Stuffed Shells Marinara Sauce Wheat Dinner Roll Steamed Corn</p>	<p>21 Early Dismissal Cheese Quesadilla Sour Cream /Salsa Brown Rice Or Cheddar Burger on a WW Bun Garden salad Baked Potato Wedges</p>

HOLIDAY RECESS December 24-January ,1,2019



Available Daily

- Cheese or Pepperoni Pizza and Specialty: Made Fresh on a whole wheat crust
- Pre made Assorted Sandwiches: Ham & Cheese or Turkey & Cheese or Combo sandwich (lettuce, tomato, wheat bread, rolls & wraps)
- Pre made Assorted Salads: Antipasto Salad or Chef's Salad or Chicken Caesar Salad or Cheese Garden Salad (Whole Dinner Roll & Assorted Low-Fat Dressing)
- **Each Day a Variety of Fresh Fruit or Chilled Fruit Cusp Are Offered with each Meals**

All Reimbursable Meals include a choice of vegetable, fruit (fresh or portioned) and Milk (Non-Fat Chocolate, 1% White or Skim White)

Menu subject to change

If you have any questions or would like additional information regarding the menu, please contact food service director @ 203-484-1440