



North Branford Intermediate School

January 2018

Lunch Price \$3.00 Weekly-\$15.00 20-Days -\$60.00 Adult Lunch- \$4.25

You can make on-line payments to Powerlunch: <http://northbranford.revtrak.net/tek9.asp>
 Also you can check lunch account balances by logging into Powerschool and clicking on BALANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>HAPPY NEW YEAR</p>	<p>2 Oven Baked Chicken Tenders Wheat Dinner Roll Or Hot Dog on a Wheat Bun Oven Baked Potato Wedges Applesauce Cup</p>	<p>3 Cheddar Cheeseburger On Wheat Bun Or Chicken Fajita Roll-Up Garden Salad 100% Fruit Juice</p>	<p>4 Macaroni & Cheese Wheat Dinner Roll Or Cheesy Bread Sticks Marinara Sauce Steamed Carrots Mixed Fruit Cup</p>	<p>5 French Bread Pizza Cheese or Pepperoni Or Sausage/Egg & Cheese on a Wheat Bagel Spinach Salad Fresh Apple</p>
<p>8 Oven Baked Chicken Nuggets Wheat Dinner Roll Or Philly Steak & Cheese Wheat Bun Sweet Potato Fries 100% Fruit Juice</p>	<p>9 Wheat French Toast Sticks Sausage /Syrup Or Chicken Burrito Hashbrown Potato Diced Pear Cup</p>	<p>10 Early Dismissal Individual Cheese Pizza Or Chicken Pram Grinder Tossed Salad Orange Mandarin Cup</p>	<p>11 Taco Nacho Cheese Sauce & Salsa Or Cheese Quesadilla Steamed Corn & Garbanzo Beans 100% Fruit Juice</p>	<p>12 Cheesy Bread Sticks Marinara Sauce Or Buffalo Chicken Grinder Caesar Salad Orange Wedges</p>
 <p>M.L.K. DAY</p>	<p>16 Chicken Sliders Or Grilled Cheese Sandwich Cup of Tomato Soup Oven Baked Fries 100% Fruit Juice</p>	<p>17 Wheat Pasta w Meat Sauce Whole Wheat Dinner Roll Or Turkey BLT Sandwich Romaine & Tomato Salad Applesauce Cup</p>	<p>18 Bacon Cheeseburger on Wheat Bun Or Chili Hot Dog on a Wheat Bun Onion/ Cheese Sauce Baked Beans Oven Baked Curly Fries Fresh Apple</p>	<p>19 Nacho w Taco Meat Cheese Sauce /Salsa Or Chicken Patty & Cheese on Wheat Bun Steamed Corn 100% Fruit Juice</p>
<p>22 Popcorn Chicken With Dipping Sauce Or Beef Burrito Oven Baked Brown Rice Steamed Mixed Vegetable 100 % Fruit Juice</p>	<p>23 Macaroni & Cheese Wheat Dinner Roll Or Pepperoni Bread Sticks Marinara Sauce Steamed Carrots Mixed Fruit Cup</p>	<p>24 Twin Taco Taco Meat/Cheddar Cheese/Salsa Shredded Lettuce, Tomato Or Chicken Fajita Roll-up Steamed Corn & Beans Orange Slice</p>	<p>25 Grilled Cheese Sandwich Cup of Tomato Soup Or Bacon Cheeseburger on Wheat Bun Romaine -Tomato Salad 100% Fruit Juice</p>	<p>26 Cheese or Pepperoni Pizza Bagel Or Mozzarella Sticks Wheat Dinner Roll Marinara Sauce Tossed Salad Fresh Apple</p>
<p>29 Chicken Parmesan Served with Pasta / Marinara Sauce and Wheat Dinner Roll Or BBQ Pork Rib Grinder Steamed Broccoli & Carrots Orange Wedges</p>	<p>30 Taco Nacho Cheese Sauce & Salsa Or Cheese Quesadilla Steamed Corn & Garbanzo Beans 100% Fruit Juice</p>	<p>31 Bosco Cheese Sticks Marinara Sauce Or Fish and Cheese on a Wheat Bun Romaine & Tomato Salad Applesauce Cup</p>	<p>Rainbow Vegetable Tray is Offered Daily with all Meals</p>	

Available Daily

- Cheese or Pepperoni Pizza and Specialty: Made Fresh on a whole wheat crust
- Pre made Assorted Sandwiches: Ham & Cheese or Turkey & Cheese or Combo sandwich (lettuce, tomato, wheat bread, rolls & wraps)
- Pre made Assorted Salads: Antipasto Salad or Chef's Salad or Chicken Caesar Salad or Cheese Garden Salad (Whole Dinner Roll & Assorted Low-Fat Dressing)

All Reimbursable Meals include a choice of vegetable, fruit (fresh or portioned) and Milk (Non-Fat Chocolate, 1% White or Skim White)

Menu subject to change

If you have any questions or would like additional information regarding the menu, please contact food service director @ 203-484-1440