

North Branford Intermediate School

March 2018

Lunch Price \$3.00 Weekly-\$15.00 20-Days -\$60.00 Adult Lunch- \$4.25

You can make on-line payments to Powerlunch: <http://northbranford.revtrak.net/tek9.asp>

Also you can check lunch account balances by logging into Powerschool and clicking on **BALANCE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Rainbow Vegetable Tray is Offered Daily with all Meals</p> 			<p>1 Macaroni & Cheese Wheat Dinner Roll Or Steak & Cheese Grinder Steamed Carrots Mixed Fruit Cup</p>	<p>2 Asian Accented Chicken Steamed Brown Rice Or Fish & Chips Spinach Salad Fresh Apple</p>
<p>5 Oven Baked Chicken Nuggets Wheat Dinner Roll Or Toasted Cheese Sandwich Cup of Tomato Soup Sweet Potato Fries 100% Fruit Juice</p>	<p>6 Wheat French Toast Sticks Sausage /Syrup Or BBQ Pork Rib on Wheat Bun Oven Baked Tator Tots Diced Pear Cup</p>	<p>7 Bosco Cheese Sticks Marinara Sauce Or Bacon Cheeseburger on Wheat Bun Tossed Salad Orange Mandarin Cup</p>	<p>8 Taco Nacho Cheese Sauce & Salsa Or Cheese Quesadilla/Salsa Steamed Corn & Garbanzo Beans 100% Fruit Juice</p>	<p>9 Pepperoni Bread Sticks Marinara Sauce Or Buffalo Chicken Grinder Caesar Salad 3Bean Salad Mixed Fruit Cup</p>
<p>12 Oven Baked Chicken Tenders Wheat Dinner Roll Or Grilled Cheese & Tomato Sandwich Steamed Carrots Strawberry Cup</p>	<p>13 Popcorn Chicken With Dipping Sauce Or Beef Burrito Oven Baked Brown Rice Steamed Mixed Vegetable 100 % Fruit Juice</p>	<p>14 Early Dismissal Meatball Grinder Or Chicken Sliders Spinach-Romaine Salad Mixed Fruit Cup</p>	<p>15 Bacon Cheeseburger on Wheat Bun Or Chili Hot Dog on a Wheat Bun Onion/ Cheese Sauce Baked Beans Oven Baked Curly Fries Fresh Apple</p>	<p>16 Nacho w Taco Meat Cheese Sauce /Salsa Or Grilled Chicken Caesar Salad Wheat Dinner Roll Steamed Corn 100% Fruit Juice</p> 
<p>19 Cheeseburger Sliders Oven Baked Fries Or Pepperoni Calzone Marinara Sauce Romaine Salad Apple Sauce Cup</p>	<p>20 Chicken Quesadilla Salsa-Sour Cream Or Sausage /Egg Cheese Croissant Tator Tots Potato 100% fruit Juice</p>	<p>21 Chicken Patty w Cheese Potato Wedges Or Yogurt Parfait w Fresh Fruit Sweet Potato Roll Fresh Melon Cup</p>	<p>22 Taco Nacho Cheese sauce & Salsa Or Grilled Ham & Cheese Sandwich Cup of Tomato Soup Steamed Corn 100% Fruit Juice</p>	<p>23 Popcorn Chicken With Dipping Sauce Or Mozzarella Sticks /Marinara Sauce Wheat Dinner Roll Tossed Salad Fresh Apple</p>
<p>26 Home Made Meatball Served with Pasta / Marinara Sauce and Wheat Dinner Roll Or BBQ Pork Rib Grinder Broccoli Casserole Orange Wedges</p>	<p>27 Bacon Cheeseburger on Wheat Bun Or Grilled Chicken Caesar Salad Wheat Dinner Roll Oven Potato Wedges Carrots Sticks 100% Fruit Juice</p>	<p>28 Chicken Sliders Or Fish and Cheese on a Wheat Bun Garden Salad Sweet Potato Fries Applesauce Cup</p>	<p>29 Buffalo Chicken Grinder Or Hot Dog on a Wheat Bun Baked Beans Oven Baked Curly Fries Fresh Apple /Orange</p>	<p>30</p>  <p>GOOD FRIDAY</p>

Available Daily

- Cheese or Pepperoni Pizza and Specialty: Made Fresh on a whole wheat crust
- Pre made Assorted Sandwiches: Ham & Cheese or Turkey & Cheese or Combo sandwich (lettuce, tomato, wheat bread, rolls & wraps)
- Pre made Assorted Salads: Antipasto Salad or Chef's Salad or Chicken Caesar Salad or Cheese Garden Salad (Whole Dinner Roll & Assorted Low-Fat Dressing)

All Reimbursable Meals include a choice of vegetable, fruit (fresh or portioned) and Milk (Non-Fat Chocolate, 1% White or Skim White)

Menu subject to change

If you have any questions or would like additional information regarding the menu, please contact food service director @ 203-484-1440