

North Branford Intermediate School

May 2018

Lunch Price \$3.00 Weekly-\$15.00 20-Days -\$60.00 Adult Lunch- \$4.25

You can make on-line payments to Powerlunch: <http://northbranford.revtrak.net/tek9.asp>

Also you can check lunch account balances by logging into Powerschool and clicking on **BALANCE**

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Rainbow Vegetable Tray is Offered Daily with all Meals 	1 Popcorn Chicken With Dipping Sauce Or Mozzarella Sticks /Marinara Sauce Wheat Dinner Roll Tossed Salad Fresh Apple	2 Taco Nacho Cheese Sauce & Salsa Or Cheese Quesadilla/Salsa Steamed Corn & Garbanzo Beans 100% Fruit Juice	3 Gluten Free Chicken Tenders /Dipping Sauce Wheat Dinner Roll Or Steak & Cheese Grinder Steamed Carrots Oven Baked Potato Wedges Mixed Fruit Cup	4 Tangerine Accented Chicken Steamed Brown Rice Or Fish & Chips Spinach Salad Fresh Apple
7 Oven Baked Chicken Nuggets Wheat Dinner Roll Or Toasted Cheese Sandwich Cup of Tomato Soup Sweet Potato Fries 100% Fruit Juice	8 Wheat French Toast Sticks Sausage /Syrup Or Chicken Parm on Wheat Bun Oven Baked Tator Tots Diced Pear Cup	9 <u>Early Dismissal</u> Variety Pizza Or Bacon Cheeseburger on Wheat Bun Tossed Salad Orange Mandarin Cup	10 Home Made Meatball Served with Pasta / Marinara Sauce and Wheat Dinner Roll Or BBQ Pork Rib Grinder Broccoli Casserole Orange Wedges	11 Pepperoni Bread Sticks Marinara Sauce Or Buffalo Chicken Grinder Caesar Salad 3Bean Salad Mixed Fruit Cup
14 Oven Baked Chicken Tenders Wheat Dinner Roll Or Grilled Cheese & Tomato Sandwich Steamed Carrots Strawberry Cup	15 Buttered Pasta String Cheese /Wheat Dinner Roll Or Chicken Empanada Oven Baked Brown Rice Steamed Mixed Vegetable 100 % Fruit Juice	16 Meatball Grinder Oven Baked Potato Wedges Or Sriracha Macaroni & Cheese Spinach-Romaine Salad Mixed Fruit Cup	17 Bacon Cheeseburger on Wheat Bun Or Chili Hot Dog on a Wheat Bun Onion/ Cheese Sauce Baked Beans Oven Baked Curly Fries Fresh Apple	18 Nacho w Taco Meat Cheese Sauce /Salsa Or Grilled Chicken Caesar Salad Wheat Dinner Roll Steamed Corn 100% Fruit Juice
21 Cheeseburger Sliders Oven Baked Fries Or Homemade Cheese Calzone Marinara Sauce Romaine Salad Apple Sauce Cup	22 Tangerine Chicken Oven Baked Rice Or Ham /Egg Cheese Croissant Tator Tots Potato 100% fruit Juice	23 Chicken Patty w Cheese Peas and Peppers Or Yogurt Parfait w Fresh Fruit Sweet Potato Roll Fresh Melon Cup	24 Taco Nacho Cheese sauce & Salsa Steamed Corn Or Mini Corn Dogs Baked Beans Sweet Potato Fries 100% Fruit Juice	25 Picnic Fair  Wellness Day!!!
28  memorial DAY	29 Popcorn Chicken Served w Dipping Sauce Or Fish and Cheese on a Wheat Bun Garden Salad Sweet Potato Fries Applesauce Cup	30 Bacon Cheeseburger on Wheat Bun Or Grilled Chicken Caesar Salad Wheat Dinner Roll Oven Potato Wedges Carrots Sticks 100% Fruit Juice	31 Buffalo Chicken Grinder Or Hot Dog on a Wheat Bun Baked Beans Oven Baked Curly Fries Fresh Apple /Orange	

Available Daily

- Cheese or Pepperoni Pizza and Specialty: Made Fresh on a whole wheat crust
- Pre made Assorted Sandwiches: Ham & Cheese or Turkey & Cheese or Combo sandwich (lettuce, tomato, wheat bread, rolls & wraps)
- Pre made Assorted Salads: Antipasto Salad or Chef's Salad or Chicken Caesar Salad or Cheese Garden Salad (Whole Dinner Roll & Assorted Low-Fat Dressing)

All Reimbursable Meals include a choice of vegetable, fruit (fresh or portioned) and Milk (Non-Fat Chocolate, 1% White or Skim White)

Menu subject to change

If you have any questions or would like additional information regarding the menu, please contact food service director @ 203-484-1440