



North Branford Intermediate School

November 2017

Lunch Price \$3.00 Weekly-\$15.00 20-Days -\$60.00 Adult Lunch- \$4.25

You can make on-line payments to Powerlunch: <http://northbranford.revtrak.net/tek9.asp>

Also you can check lunch account balances by logging into Powerschool and clicking on **BALANCE**

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		1 Baked Macaroni & Cheese Wheat Dinner Roll Or Buffalo Chicken Sandwich On a Whole Wheat Bun Romaine Salad Mandarin Orange Cup	2 Double Cheeseburger on a Wheat Bun Or Chili Hot Dog Oven Bake Curly Fries Baked Beans Banana	3 Individual Cheese Pizza Or Ham, Egg & Cheese on a Wheat Bagel Spinach Salad Pineapple Cup
6 Professional Development Day No School	 Professional Development Day No School	8 Chicken Patty on a Wheat Bun Or Philly Steak & Cheese Wheat Bun Sweet Potato Fries Steamed Mixed Veggie Mixed Fruit Cup	9 Beefy Cheesy Nacho Cheese Sauce & Salsa Or Cheese Quesadilla Steamed Corn & Garbanzo Beans Banana	10 Cheese Sticks Marinara Sauce Wheat Dinner Roll Or Grilled Cheese Sandwich Caesar Salad Diced Pears Cup
13 Chicken Patty on Wheat Bun Or Philly Steak & Cheese Sub Oven Baked Fries Steamed Green Beans Orange Wedges	14 Wheat French Toast Sticks Sausage /Syrup Or Chicken Tenders on Wheat Bun Oven Baked Tator Tots 100% Fruit Juice	15 Baked Ziti (ricotta cheese & marinara sauce) Or Mozzarella Sticks Whole Wheat Dinner Roll Steamed Carrots Applesauce Cup	16 Bacon Cheeseburger on Wheat Bun Or Chicago Hot Dog Sauerkraut, Onion. Cheese Sauce Baked Beans Oven Baked Curly Fries Fresh Apple	17 French Bread Pizza Or Chicken Tenders Whole Wheat Dinner Roll Garden Salad 100% Fruit Juice
20 Tangerine Chicken Or Cheese Quesadilla Oven Baked Brown Rice Steamed Peas Orange Slice	21 Macaroni & Cheese Wheat Dinner Roll Or Cheesy Bread Sticks Marinara Sauce Romaine, & Tomato Salad Mixed Fruit Cup	22 Early Release Bacon Cheeseburger on Wheat Bun Or Turkey Hot Dog on Wheat Hot Dog Roll Baked Beans 100% Fruit Juice		24 Thanksgiving Recess No School
27 Oven Baked Chicken Tenders Or Cheeseburger on Wheat Bun Oven Baked Brown Rice Steamed Carrots 100% Fruit Juice	28 Wheat French Toast Sticks Sausage /Syrup Or Meatball Parm Grinder Steamed Mixed Vegetable Diced Pears Cup	29 Grilled Cheese Sandwich Tomato Soup Or Buffalo Chicken Sub Vegetable Pasta Salad 100% Fruit Juice	30 Twin Taco Taco Meat/Cheddar Cheese/Salsa Shredded Lettuce, Tomato Or Chicken Fajitas Roll-up Steamed Corn & Beans Banana	RAINBOW VEGETABLE TRAY IS OFFERED DAILY WITH ALL MEALS

Available Daily

- Cheese or Pepperoni Pizza and Specialty: Made Fresh on a whole wheat crust
- Pre made Assorted Sandwiches: Ham & Cheese or Turkey & Cheese or Combo sandwich (lettuce, tomato, wheat bread, rolls & wraps)
- Pre made Assorted Salads: Antipasto Salad or Chef's Salad or Chicken Caesar Salad or Cheese Garden Salad (Whole Dinner Roll & Assorted Low-Fat Dressing)

All Reimbursable Meals include a choice of vegetable, fruit (fresh or portioned) and Milk (Non-Fat Chocolate, 1% White or Skim White)

Menu subject to change

If you have any questions or would like additional information regarding the menu, please contact food service director @ 203-484-1440