






North Branford Intermediate School

NOVEMBER 2018

Students Lunch Price \$3.00 Weekly-\$15.00 20-Days -\$60.00 Adult Lunch- \$4.25

You can make on-line payments to Powerlunch: <http://northbranford.revtrak.net/tek9.asp>

Also you can check lunch account balances by logging into Powerschool and clicking on **BALANCE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>We are Proud to Serve Locally Grown Fruit & Vegetables</p> 			<p>1 Macaroni & Cheese Wheat Dinner Roll Steamed Green Beans Or Sausage/Egg & Cheese Croissant Spinach Salad</p>	<p>2 Asian Accented Chicken Served w Brown Rice Steamed Carrots Or BOSCO Pepperoni Sticks Marinara Sauce Steamed Peas & Carrots</p>
<p>6 NO SCHOOL</p> 	<p>6 NO SCHOOL</p> 	<p>7 Mozzarella Sticks Marinara Sauce/Wheat Dinner Roll Steamed Broccoli Or Pulled Pork Sandwich Cole Slaw Spiral Fries</p>	<p>8 Build a Burger Bar!!! Assorted Toppings Lettuce-Tomato-Onion Oven Baked Curly Fries Or Baked Potato Bar Assorted Toppings</p>	<p>9 Chicken Parmesan Served w Spaghetti Wheat Dinner Roll Or Seasonal Fruit and Yogurt Parfaits/Graham Crackers Romaine-Tomato Salad</p>
<p>12 Veterans Day Chicken Tenders Wheat Dinner Roll / Steamed Peas Or Philly Steak & Cheese on a Wheat Grinder Roll /Sweet Potato Fries Garden Salad</p>	<p>13 Chicken Stir-Fry Oven Baked Brown Rice Steamed Broccoli Or BOSCO Pepperoni Sticks Marinara Sauce Steamed Mixed vegetable</p>	<p>14 Oven Baked Turkey Mashed Potato/Gravy Cranberry Sauce Or Stuffed Shells Marinara Sauce Wheat Dinner Roll Steamed Corn</p>	<p>15 Cheese Quesadilla Sour Cream /Salsa Brown Rice Or Fish Sticks Wheat Dinner Roll Romaine-Tomato Salad</p>	<p>16 Nacho w Taco Meat Cheese Sauce /Salsa Assorted Toppings Steamed Corn Or Crunchy Hawaiian Chicken Wrap Spinach -Tomato Salad Potato Wedges</p>
<p>19 Popcorn Chicken With Dipping Sauce Garlic Bread Mashed Potato Or Pancakes/Sausage Links Syrup /Tator Tots Steamed Peas</p>	<p>20 Macaroni & Cheese Wheat Dinner Roll Steamed Broccoli Or Pepperoni Bread Sticks Marinara Sauce Steamed Carrots</p>	<p>21 Early Dismissal Bacon Cheeseburger on a Wheat Bun Lettuce/Tomato Or Chicken Quesadilla Salsa/Sour Cream Oven Baked Fries</p>	<p>22 HAPPY THANKSGIVING!!!</p> 	<p>23 NO SCHOOL</p> 
<p>29 Cheese Quesadilla Sour Cream /Salsa Brown Rice Romaine & Tomato Salad Or Chicken Caesar Wrap Garden salad Baked Potato Wedges</p>	<p>30 Taco Nacho Bar Cheese Sauce & Salsa Steamed Brown Rice Assorted Toppings Or Spicy Chicken Patty on a Wheat Bun Steamed Corn</p>	<p>31 Chicken Tenders Wheat Dinner Roll Buttered Wheat Pasta Or Hot Dog on a Wheat Bun Oven Baked Potato Wedges Baked Vegetarian Brans</p>	<p>29 Cheddar Cheeseburger On Wheat Bun Or French Toast Sticks/Syrup Sausage Links Sweet Potato Fries Steamed Peas</p>	<p>30 Cheese or Pepperoni Calzone /Marinara Sauce Romaine & Tomato Salad Or Chicken Sliders Romaine & Tomato Salad Spiral Fries</p>

Available Daily

- Cheese or Pepperoni Pizza and Specialty: Made Fresh on a whole wheat crust
- Pre made Assorted Sandwiches: Ham & Cheese or Turkey & Cheese or Combo sandwich (lettuce, tomato, wheat bread, rolls & wraps)
- Pre made Assorted Salads: Antipasto Salad or Chef's Salad or Chicken Caesar Salad or Cheese Garden Salad (Whole Dinner Roll & Assorted Low-Fat Dressing)
- **Each Day a Variety of Fresh Fruit or Chilled Fruit Cusp Are Offered with each Meals**

All Reimbursable Meals include a choice of vegetable, fruit (fresh or portioned) and Milk (Non-Fat Chocolate, 1% White or Skim White)

Menu subject to change

If you have any questions or would like additional information regarding the menu, please contact food service director @ 203-484-1440