

North Branford Intermediate School August-September 2018

Students Lunch Price \$3.00 Weekly-\$15.00 20-Days -\$60.00 Adult Lunch- \$4.25

You can make on-line payments to Powerlunch: <http://northbranford.revtrak.net/tek9.asp>

Also you can check lunch account balances by logging into Powerschool and clicking on **BALANCE**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| <p>We are Proud to Serve Locally Grown Fruit & Vegetables</p>  |  | <p>29 Cheddar Cheeseburger On Wheat Bun Or Chicken Fajita Roll-Up Salsa/Sour Cream Shredded Lettuce-Tomato Sweet Potato Fries</p> | <p>30 Macaroni & Cheese Wheat Dinner Roll Or Bosco Cheesy Bread Sticks Marinara Sauce Steamed Broccoli</p> | <p>31 Asian Accented Chicken Served w Brown Rice Or Sausage/Egg & Cheese Croissant Spinach Salad</p> |
| <p>3 </p> | <p>4 Wheat French Toast Sticks Sausage /Syrup Or Chicken Burrito Salsa/Sour Cream Oven Baked Tator Tots</p> | <p>5 Mozzarella Sticks Marinara Sauce/Wheat Dinner Roll Or Spicy Chicken Patty On a Wheat Bun Sweet Potato Fries</p> | <p>6 Taco Nacho Cheese Sauce & Salsa Assorted Toppings Or Cheese Quesadilla Steamed Corn & Garbanzo Beans</p> | <p>7 Bosco Cheesy Bread Sticks/Marinara Sauce Or Buffalo Chicken on a Wheat Grinder Roll Caesar Salad</p> |
| <p>10 Oven Baked Chicken Tenders Wheat Dinner Roll Or Philly Steak & Cheese On a Wheat Grinder Roll Sweet Potato Fries</p> | <p>11 Cheese Quesadilla Salsa/Sour Cream Or Grilled Cheese Sandwich Cup of Tomato Soup Broccoli Casserole</p> | <p>12 Spaghetti w Meat Sauce Whole Wheat Dinner Roll Or Turkey BLT Sandwich Romaine & Tomato Salad</p> | <p>13 Build a Burger Bar!!! Assorted Toppings Or Chili Hot Dog on a Wheat Bun Baked Beans Oven Baked Curly Fries</p> | <p>14 Nacho w Taco Meat Cheese Sauce /Salsa Assorted Toppings Or Chicken Patty & Cheese on Wheat Bun Steamed Corn</p> |
| <p>17 Popcorn Chicken With Dipping Sauce Or Beef Burrito Oven Baked Brown Rice Steamed Mixed Vegetable</p> | <p>18 Homemade Macaroni & Cheese Wheat Dinner Roll Or Pepperoni Bread Sticks Marinara Sauce Steamed Carrots</p> | <p>19 Early Dismissal Chicken w Noodles Garlic Bread Or Grilled Ham & Cheese Sandwich Chick Pea Salad</p> | <p>20 Twin Beef or Chicken Taco Cheddar Cheese/Salsa Shredded Lettuce, Tomato Or Chicken Fajita Roll-up Steamed Corn & Beans</p> | <p>21 Chicken Parmesan Served w Spaghetti Or Mozzarella Sticks Wheat Dinner Roll Marinara Sauce Tossed Salad</p> |
| <p>24 Homemade Meatballs Served with Pasta / Marinara Sauce and Garlic Bread Or BBQ Pork Rib Grinder Steamed Broccoli</p> | <p>25 Taco Nacho Bar Cheese Sauce & Salsa Assorted Toppings Or Cheese Quesadilla Steamed Corn & Garbanzo Beans</p> | <p>26 Homemade Cheese or Pepperoni Calzone Marinara Sauce Or Chicken Sliders Romaine & Tomato Salad</p> | <p>27 Oven Baked Chicken Tenders Wheat Dinner Roll Or Hot Dog on a Wheat Bun Oven Baked Potato Wedges</p> | <p>28 Macaroni & Cheese Garlic Bread Or Chicken Pram Grinder Tossed Salad</p> |

Available Daily

- Cheese or Pepperoni Pizza and Specialty: Made Fresh on a whole wheat crust
- Pre made Assorted Sandwiches: Ham & Cheese or Turkey & Cheese or Combo sandwich (lettuce, tomato, wheat bread, rolls & wraps)
- Pre made Assorted Salads: Antipasto Salad or Chef's Salad or Chicken Caesar Salad or Cheese Garden Salad (Whole Dinner Roll & Assorted Low-Fat Dressing)
- **Each Day a Variety of Fresh Fruit or Chilled Fruit Cusp are Offered with each Meals**

All Reimbursable Meals include a choice of vegetable, fruit (fresh or portioned) and Milk (Non-Fat Chocolate, 1% White or Skim White)

Menu subject to change

If you have any questions or would like additional information regarding the menu, please contact food service director @ 203-484-1440